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SIKH ASSOCIATION OF WA INC.

**sawa**



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## **Newsletter No.4: March - April 2009**

### **Inside This Issue**

1. Message from the President
2. SAWA News
3. Community News
4. Forthcoming Events

### **1. Message from the President (Daljit Singh Dhillon)**

Waheguru Ji Ka Khalsa Waheguru Ji Ki Fateh

I congratulate the committee members, PCSC and the Sikh Sangat for making the annual Vaisakhi dinner and dance a great success. The event was evidently well presented and was well received by the participants.

Similarly, I on behalf of the SAWA Committee, convey our sincere thanks to all the PCSC committee members for arranging and managing the Vaisakhi Sports in a very professional manner.

I also sincerely thank all the sponsors for these events, especially Raj Travel and Malaysian airline for providing a free return ticket to India to the winner during Vaisakhi dinner raffle.

SAWA committee thanks all the members, who contributed generously for Victorian Bush fire Appeal. Their official receipts are being arranged from Red Cross.

I wish all the Sangat good times during 2009. Their continuous support to the SAWA committee is appreciated.

Waheguru Ji Ka Khalsa Waheguru Ji Ki Fateh.

### **2. SAWA NEWS:**

The months of March & April have been pretty busy both socially and religiously. In March, Harbhajan Mann's live concert was a great hit and in April, we celebrated Vaisakhi by organizing the evening programme on the day, followed by Akhand Path in the weekend. Every one enjoyed the sports and the Vaisakhi Dinner Dance as well. We were also graced with the visit of Bhai Ajit Singh Alankari from Canada who was on his tour to Australia for Gurbani Vichar and Kirtan.

#### **• TABLA & KIRTAN CLASSES:**

Tabla & Kirtan classes are running very well. Classes are held every Sunday after Langar. Special thanks to Harjit Singh Shah and Giani Balbir Singh Ji for their devotion and voluntary sewa.

#### **• CONSTITUTION REVIEW NEWS:**

Our Constitution Review Project team (sub-committee) is working hard and the draft with the proposed changes is almost complete. For more information or any suggestions, contact SAWA's secretary, Mahesh Inder Singh who is also the co-ordinator of this project.

- **SAWA WEBSITE - Ajmer Singh**

SAWA website is up and running. The address is <http://www.sikhwa.org.au>. All the newsletters have been uploaded. The first phase of this site is open for suggestions and constructive criticism. We understand that there is a lot of scope for improvement (e.g. SAWA logo resolution) which will be done with time. Please, feel free to report your feedback via email [contact@sikhwa.org.au](mailto:contact@sikhwa.org.au) (This address is on the index page).

- **SAWA MEMBERSHIP:**

Just a friendly reminder that you must renew your membership to get your right to vote, in making important decisions for our community at the EGM and AGM.

- **PCSC REPORT – Gurdarshan Singh Kailley**

Punjabi Cultural & Sports Club had the honour of organising the 1<sup>st</sup> Punjabi Concert in WA. Harbhajan Maan, a well renowned Punjabi artist performed, live in Perth, which was a memorable experience for all Punjabi music fans. This show proved to be a historic milestone for the Club and has set a very high standard for any future performances. We thank the Punjabi community for their support and words of encouragement.

The SAWA Vaiskahi Games 2009 were held at the Willeton Sports Complex. Punjabi Cultural & Sports Club organized the festivities of the day. These games were received well by the community, with a record crowd in attendance and participation. The crowd enjoyed soccer, badminton, netball, kabaddi, athletics and tug of war. The musical chairs competition was enjoyed by the children along with fierce competition in the adult musical chairs. Thanks to Eagle Boys Pizza (Willeton) and Captain Trading for their continuous support.

The Vaisakhi Dinner and Dance was celebrated with much vigour and colour. The stage performances reflected the true folk culture of Punjab. The kids bhangra group “Nachada Punjab” impressed the crowd with colourful costumes and an unbelievable performance. Our children are our next generation and in order to maintain our traditions and cultural values, we need to play an active role in encouraging our children to participate. We welcome any children interested in learning Bhangra to contact the club.



- **SAWA's PUNJABI RADIO PROGRAM- Jaskirat Singh**



The SAWA Sikh Sangeet Radio Program is broadcasted live on **6EBA 95.3FM from 7am to 8am every Thursday morning**. The show is presented in Punjabi with an aim to target the local Indian community. Discussing and analysing the latest issues, while also bearing a religious facet, the show is fundamentally an avenue for listeners' entertainment. Intermingled with anecdotes, upcoming events, prominent local celebrations, interviews, new music and a touch of seriousness, the Sikh Sangeet program tries to satisfy the Perth Indian community's greater interest.

Primarily through the years of hard work and commitment of lone announcer Amrit Pal Singh, the radio show has gained an overwhelming amount of local support since its conception. The Sikh Sangeet radio program now hosts an active team of six members, with an aim to expand in the near future. The team comprises of the three regular hosts namely Amrit Pal Singh, Dr. Gurdeep Kaur and Jaskirat Singh. Giani Balbir Singh from the Canningvale Gurdwara accommodates the religious aspect of the show, whereas Dr Ajit Singh provides the latest Indian and international news. The team is rounded off by the show's newest member in Amandeep Kaur.

Suggestions, support and ideas are graciously welcomed, along with the constant desire to develop new presenters. Thus, if anyone has the aspiration to be a radio presenter or is keen in helping behind the scenes, please contact Amrit Pal Singh. All training will be provided. Furthermore, any advertisements or community announcements can also be made. Any money

raised from the ads. would be donated to the Gurdawara Sahib. once again contact **Amrit Pal Singh on 0417911803** for any further information.

**RADIO SIKH SANGEET World Radio 6EB, 95.3 FM**

**EveryThursday7.00am – 8.00am**

• **Health Camp Report – Dr Harpreet Singh**

A Health screening camp was organized under the aegis of SAWA for identifying people of Indian origin at risk to develop Diabetes & Cardio Vascular diseases ( Heart attacks & strokes) at the Gurdwara sahib Canning Vale , Perth on 15<sup>th</sup> of Feb 2009.

About 100 members over the age of 40 yrs of the Sikh Sangat were screened by a group of Doctors, Nurses , Paramedicals & other volunteers. People were checked for diabetes, high blood pressure, obesity and any vision change. Also information about Dental health, women’s health, men’s health, diet & lifestyle were given to the sangat.

Scientifically, people of India & Indian origin even third or fourth generation living in foreign lands are genetically more predisposed to Diabetes & cardio vascular diseases than any other race or community. Thus we should be more careful than other races in taking care of our health, diet, exercise & life style to avoid these dreadful diseases.

It is planned that more such camps would be held in the future with help, co-operation & suggestions of sangat.

• **BREAKFAST & LUNCH LANGER SEWA:**

<b>DATE</b>	<b>BREAKFAST SEWA By</b>	<b>LANGAR SEWA By</b>
01-03-09	Mr Sahil Bakhshi	Mr & Mrs Dalip Ajwani and family
08-03-09	Jaswinder Singh Bansal & Bahadur Singh Mann families	Jaswinder Singh Bansal & Bahadur Singh Mann families
14-03-09	Evening Prog . 6:30-8:30 (Sangrand)	Mohinder Singh Sekhon & family
15-03-09	Jaspal Singh Sidhu & Gurmit Kaur Sidhu family	Thornley TAFE Students (Sushil Kumar & friends)
22-03-09	Mr & Mrs Lakhbir Singh Sidhu & Mr & Mrs Jasvir Singh Sanghera families	Mr & Mrs Lakhbir Singh Sidhu & Mr & Mrs Jasvir Singh Sanghera families
29-03-09	Mr & Mrs Rajinder Singh Sunner and family	Mr & Mrs Rajinder Singh Sunner and family
05-04-09	Jasdeep singh	Mr & Mrs Gurmukh Singh Virak and family
7-4-09	Evening Prog : kirtan and gurbani vichar by Bhai Ajit Singh Alankari	Mr & Mrs Amarjit Singh Shah and family
9-4-09	Evening Prog : kirtan and gurbani vichar by Bhai Ajit Singh Alankari	Mr & Mrs Satbir Singh and family
7-4-09	Evening Prog : kirtan and gurbani vichar by Bhai Ajit Singh Alankari	Mr & Mrs Amarjit Singh Shah and family
12-4-09	Mr Amit Sethi	*Due to Vaisakhi games, only morning prog
14-4-09	Evening Programme 6:30-8:30 Vaisakhi diwan(Vaisakh Sangrand)	Mr & Mrs Mohinder Singh Sekhon and family
17-4-09	*Akhand Path:Mr & Mrs devraj Singh	Mr Amandeep Bains( Lunch); Mr Mankamaldeep Singh (Dinner)
18-4-09	*Akhand Path: Ladies	Ladies (Lunch & Dinner)
19-4-09	*Akhand Path :Manjinder Singh Grewal & Gurwinder Singh Grewal families	Manjinder Singh Grewal & Gurwinder Singh Grewal families
26-4-09	Ramandeep Singh Deol & Sartaj Singh Virak families	Ramandeep Singh Deol & Sartaj Singh Virak families

Our sincere thanks to all the families for their generosity and Sewa to the Sadh Sangat. Thanks to Mr & Mrs Ranjit Singh for Deg Sewa and Mr & Mrs Rajinder Singh Sunner for Nishan Sahib Sewa during Vaisakhi. For Langer

bookings, contact Giani Ji on 9455 7220 or Sarabjit Singh Pannu on 9455 1075.

### **3. Community News:**

- **Gurbani Vichaar:**

Just a reminder that Gurbani Vichaar Programme is held on Sundays fortnightly in the Canningvale Gurdwara Library after Langar, at about 1.00p.m. For more information contact Dr. Amarjit Singh on 9386 6379.

- **Istri Satsang:**

Istri Satsang is held every first or second Saturday of the month at Gurdwara Saheb from 2.00 – 4.30 pm. Thanks to Jasleen Kaur for organising the March Satsang to celebrate the wedding of her daughter Nisha to Amardeep Vohra in India. On behalf of all the ladies, sincere thanks are conveyed to Parkash Kaur for organising Sukhmani Saheb Path on 4<sup>th</sup> April, in memory of her sister-in-law, Bibi Charanjit Kaur Khaira, who passed away peacefully in Malaysia. We are also grateful to the ladies who co-ordinated the April Satsang. The bookings for May, June, July & August 2009 have been made.

**For future bookings, contact Juginder Kaur, Tel : 9276 3923.**

- **Condolences :**

SAWA expresses sincere condolences to:

- \* Mr Geoff Gallop, Ex-Premier WA, on the passing away of his wife, Bev Gallop.
- \* Mrs Bachan Vagel and her family on the death of her sister Mohan Kaur in Phillipines.
- \* S. Jatinderpal Singh and family on the passing away of his respected mother in India.

- **Births Birthdays! Engagements! Wedding anniversaries!**

**Congratuatiions are due from SAWA and Sadh Sangat to**

- \* Sharin Kaur Pandher on her 12<sup>th</sup> Birthday
- \* Angadjit Singh Sanghera on his 16<sup>th</sup> Birthday
- \* Manveer Singh Sidhu on his 21<sup>st</sup> Birthday.
- \* Mandeep Singh on his 21<sup>st</sup> Birthday.
- \* Rajinder Singh Sunner on his 50<sup>th</sup> birth day.
- \* Mr & Mrs Lakhbir Singh Sidhu on their 25<sup>th</sup> wedding anniversary.
- \* Marni and Bobby Singh on their 1<sup>st</sup> wedding anniversary.

**Please, note that the condolences and congratulations section is based on the information made available. We apologise for any omissions. If you would like any info to be published in the next newsletter, please, contact Juginder Kaur, the editor of SAWA Newsletter on 9276 3923 or email : psjkrajpal@yahoo.com.au**

### **4. Forthcoming Events:**

**FOR YOUR DIARY:** Please make a note of these days so that you don't miss any of these important events.

<b>Date</b>	<b>Day</b>	<b>Event</b>
16 <sup>th</sup> June. 2009	Tuesday, Evening Prog From 6.30 – 8.30 pm.	Guru Arjan Dev Ji's Shahidi Diwas
19 <sup>th</sup> June- 21st June	Friday - Sunday	Guru Arjan Dev Ji's Shahidi Diwas Akhand Path

**Last but not least, I would like to thank sincerely all those who did Akhand Path and Langar Sewa on the special occasion of Vaisakhi – Khalsa's Birth Day. My sincere appreciation and thanks are also due to all those who have contributed to the publication of this newsletter, as it would not have been possible without your co-operation and support.**

**WAHEGURU JI KA KHALSA WAHEGURU JI KI FATEH.**